



# Prospectus 2022 - 23

Sport Prize Distribution 2022



ICHPE Workshop 2022



Annual Dinner 2022



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

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# Vision

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Our vision is to promote the health and well-being of the community by producing doctors who are clinically competent and committed to patient care in diverse situations, in a humane compassionate manner.

# Mission

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Rahbar Medical & Dental College (RMDC) uses systematic, multidisciplinary and interactive teaching methodologies based on adult learning principles for achieving its vision of producing highly qualified medical professionals.





## Message of the Chairman

I extend a warm welcome to the fresh students of Rahbar Medical and Dental College as you take your first step towards this prestigious career. I would like to congratulate you for choosing this noble and honorable profession. The institute possesses a state-of-the-art infrastructure with well equipped laboratories, well maintained library and highly qualified faculty.

The objective of College faculty and administration is not merely accumulation of facts, but to empower the students with knowledge that is imbued with moral values, ethics and professionalism. In addition to developing excellent scientific and medical skills, the students are motivated not only to dream big but also encouraged to think unconventionally to face the challenges of the future. I believe that there is no short cut to achieving goals and success in life without hard work and strong principles.

You should not only learn secrets of success but also discover your own strengths. The learning environment organized by well trained and experienced faculty, along with co-curricular activities will promote multifaceted growth and skills-oriented development. From the moment you enter the college gates as a first year medical student, the institutional team works to groom you in a way that you can stride in the world with intellectual excellence.

I am sure, we as a team will take this institution to new heights of quality education and innovation. It is my pleasure to open your career gateway to Rahbar Medical and Dental College, where dreams come true. *Sky is not the limit in pursuit of excellence.* I wish you success in all your endeavors.

May Allah SWT be with you today and always. (Ameen)

**Maj Gen Muhammad Qadafi**  
**Chairman Rahbar Medical & Dental College**



## Message of the Principal

Rahbar Medical & Dental College has been placed in “**Category A**” list of Medical Colleges by Pakistan Medical Commission and is also an ISO 9001:2015 certified medical college. It is indeed a great achievement. RMDC is now a first-class medical college. The faculty, staff and students are rightly proud of being associated with it.

RMDC and its teaching hospital are both owned and backed by Pakistan Rangers (Punjab).

As Principal of this highly esteemed institute, it is my pleasure to welcome you here.

Please go through this prospectus. It will introduce to you the college, hospital, departments and senior faculty members. Some guidelines to various policies are also included and details are available separately.

The admission policy of RMDC is strictly on merit as per Pakistan Medical Commission. No interviews / tests are being conducted for admissions process in 1st year MBBS, making every step transparent and according to the merit.

In the end, I assure you and your parents that your stay in RMDC will be enjoyable, productive and memorable, In sha Allah.

With best wishes and duas,

**Prof .Dr. Sardar Fakhar Imam**  
**MBBS (Pb), F.C.P.S (Med)**  
**Professor of Medicine & Principal**  
**Rahbar Medical and Dental College, Lahore**



## Message of the MS PRTH

Punjab Ranger's Teaching Hospital (PRTH) is an ISO 9001:2015 certified, 551 bedded tertiary care hospital affiliated with RMDC. It is located in the serene milieu of Headquarters Pakistan Rangers (Punjab), hardly five minutes' walk from RMDC. It is also easily accessible from Zarrar Shaheed road, Airport road and Alamdar road. The hospital provides medical treatment facilities to the Punjab Rangers personnel, their families and to the civilian population. It is equipped with the latest state-of-the-art equipment and a team of highly qualified and dedicated healthcare professionals, from civil and military background, leave no stone unturned for the welfare of their patients.

A purposeful and planned architecture incorporates all essential requirements with convenient interdepartmental connectivity through ramps, lifts and spacious corridors. Its fully equipped emergency rooms, high-tech operation theatres / intensive care units and comfortable general / private wards, department of Physiotherapy and rehabilitation, have all been designed to ensure a high standard of healthcare for the admitted patients. Outpatient clinics at PRTH are furnished with all the essential facilities and are organized to meet the needs of the patients under one roof. The hospital's Radiology department, Laboratory services and Pharmacies function round the clock under a team of highly qualified experts to provide the diagnostic and supportive services, second to none. It has an expansion capacity of one hundred beds to cater a mass influx of casualties in case of a disastrous situation.

Vast number of patients with diverse diseases report daily at PRTH, providing plentiful learning opportunities for students. Regular clinical training of the students is conducted within the hospital in a systematic manner according to the training program issued by RMDC. The clinical acumen of the students and post-graduate trainees is regularly assessed by the heads of the departments and senior faculty members. Additional academic sessions are also arranged if required. In order to facilitate the students in their academic pursuit, a library with latest medical books/journals and six tutorial rooms are also available on the hospital premises.

**Brig Dr. Arij Jafar (Retd)**  
**MS Punjab Rangers Teaching Hospital**





## About us

Rahbar Medical & Dental College was established in the year 2012. It is affiliated with the University Of Health Sciences since April, 2013. RMDC was recognized by Pakistan Medical & Dental Council on 17th February 2014 and by the Ministry of National Health Services, Regulation & Coordination, and Government of Pakistan on 12th February, 2015. Punjab Rangers took over the ownership of the college in February, 2017. RMDC is ISO 9001:2015 certified since July 2019.

RMDC campus is located within the premises of Punjab Rangers Garrison, in a clean and serene environment, on dual carriage Harbanspura road, just 5 minutes' drive from Allama Iqbal International Airport, Lahore. It is a purpose-built structure, a fine blend of architecture coupled with easy accessibility. The building is designed and built in accordance with the specifications of PMC. RMDC has state of the art lecture theatres, tutorial rooms, laboratories, museums, skills lab, and library. Auditorium and staff offices are as per the PMC requirements. All these structures are equipped with latest teaching facilities in order to impart quality education and necessary skills development.

# Anatomy



**Professor Dr. Atiya Mubarak Khalid** is head of the department, a renowned subject specialist with a vast teaching and administrative experience in public and private medical institutes. She remained HOD and Dean of Basic Sciences at King Edward Medical University (KEMU). She was the project director and then the first Principal of Gujranwala Medical College. She served as a Convener Board of Studies of UHS and is now serving as the Convener Synopsis Review Committee of UHS. She is Chairperson BOM GMC / DHQ Gujranwala.

The department of Anatomy is fully equipped as per PMDC guidelines. It has a spacious dissection hall latest mortuary and a well established museum. The Histology laboratory is furnished with high quality binocular and projection microscopes.









Anatomy Day Celebrations 2022





# Physiology



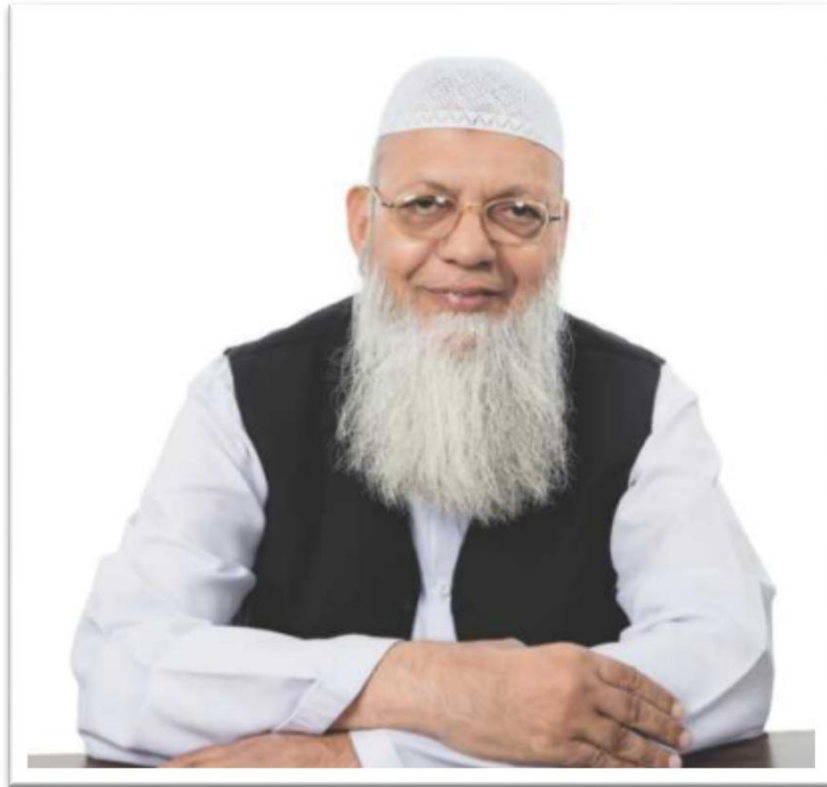
**Prof. Dr. Rafique Ahmad Khan** is head of the department, a distinguished subject specialist having 27 years of teaching experience at various prestigious medical institutions of Punjab. The department of Physiology has a fully equipped laboratory and well furnished demonstration rooms. The department is providing an excellent opportunity to the students to benefit from interactive and modern teaching methodology and serving as the foundation to attain broader goals of medicine. The laboratory has latest Power Lab to inculcate the interest for research among the students.







# Biochemistry



**Professor Dr. Azam Ali** is head of the department. He is an eminent subject specialist with an extensive teaching experience at KEMU and Gujranwala Medical College.

The department is equipped with latest and advanced equipments like Chemistry auto-analyzers, Spectrophotometer, Hot air oven, Electrophoresis system, Thermo cycler, Electrical water distillation apparatus, Centrifuge machines, Controlled temperature water baths, latest microscopes and other biomedical equipments.







# Forensic Medicine & Toxicology



**Professor Dr. Azhar Masud Bhatti, MBBS, BSC, DTCD, DIP. (Nutrition), MSc (Nutrition), DPH, DMJ, LLB**, is the Head of Department. He has vast teaching, Administrative Preventive, and Clinical Experience in Public & Private sectors including KEMU, NMC, CMC, Mayo Hospital, Chemical Examiner's Laboratory and Directorate General Health Punjab Lahore. He is a Master Trainer and organizer of Mid-Level Managers for preventive programs at National and International level. He has also worked with International Agencies like WHO, UNICEF, JICA and others. He has 48 research Publications to his credit. He is **Editor-in-Chief of a Research Journal" Medical Forum" Monthly, Lahore for the last 32 years.**

**Forensic Medicine & Toxicology** Department is well equipped with Analytical, Biological and Toxicological Laboratories. Autopsy Training and DNA Analysis are integral parts of UHS curriculum and students are taught accordingly. The Departmental Museum contains Models, Dura prints, X-Rays of Medico-Legal nature, Poisons, Weapons, Medico-Legal and Autopsy Instruments.







**Visit of King Edward Medical University FM&T department for  
postmortem & medico-legal training**







**Professor Dr. Mushtaq Ahmed** is head of the department with a vast teaching experience in public sector medical colleges as faculty and head of the department. He has 13 research publications to his credit.

Pharmacology department is highly organized and has an integrated clinically oriented and interactive teaching schedule. The department is well equipped and furnished with a laboratory, a museum and an animal house. The laboratory contains high tech equipments which are used to observe the effects of different drugs on different organs of animals. This inculcates the basis of research in the students by embedding the concept of keen observation and experimentation."







**Field Visit Community Medicine**



**Work Shop - Colleege Auditorium**



**Field Visit Community Medicine**



# Behavioral Science



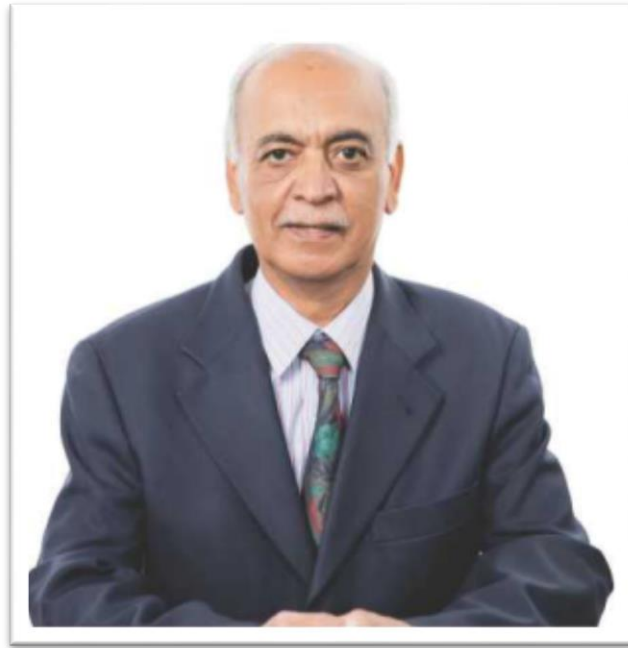
**Dr. Sadia Imran Cheema** has the mission to improve the health of patients in accordance with holistic bio-psycho-social spiritual perspective. Behavioral Sciences is a well-established department and this subject is being taught in 3<sup>rd</sup> Year MBBS. Department imparts solution-focused clinical work, individual & group counseling training and supervision of the faculty, staff & students.

A Student counseling center has also been established which is a proactive step towards mental health of students and shall help them to develop a professional, resilient and positive mindset.





# Pathology



**Professor Dr Ishtiaq Ahmad** is head of the department. He has an extensive teaching and clinical experience at public medical institutes including KEMU, Services Institute of Medical Sciences (SIMS) and Punjab Institute of Cardiology (PIC). Lahore. He is also head of the Infection Control Committee for the PRTH.

Pathology department has latest laboratories for Histopathology, Microbiology, Hematology and Chemical Pathology. The department is managing a fully functional clinical Pathology laboratory and a blood bank in PRTH. The departmental museum contains a large number of Pathological specimens which eventually create a milieu of self-learning and demonstration of various diseases of human organs.









# Community Medicine



**Professor Dr Noreen Rahat Hashmi** is head of the department. She has an extensive work experience both nationally and internationally and also actively involved in research projects.

The department of Community Medicine is fully equipped as per PMC & UHS rules & regulations. Students are given ample opportunities for hands-on training of the community healthcare including planned field trips and community surveys. Teaching methodologies used by faculty members are geared towards improving critical thinking, interactive problem solving, communication skills and leadership qualities among students.









# Medicine & Allied



**Professor Dr Sardar Fakhar Imam** is head of the department of Medicine. He is a renowned physician having a vast teaching, clinical and administrative experience. He has been involved in undergraduate and post graduate teaching in various public sector medical colleges before joining RMDC .He was Vice Chancellor of Fatima Jinnah Medical University (FJMU), Lahore, which is one of the most prestigious medical institutions of Pakistan. The department of Medicine and Allied Specialties has evolved over years into a state of the art department employing latest teaching methodologies to impart excellence in learning diagnostic and clinical skills. All major subject specialties are well established attracting a wide variety and

range of both acute and chronic patients that are instrumental in teaching of medical students. At Punjab Rangers Teaching Hospital a fully functional, well equipped and well-staffed medical intensive care unit is catering to critically ill patients.





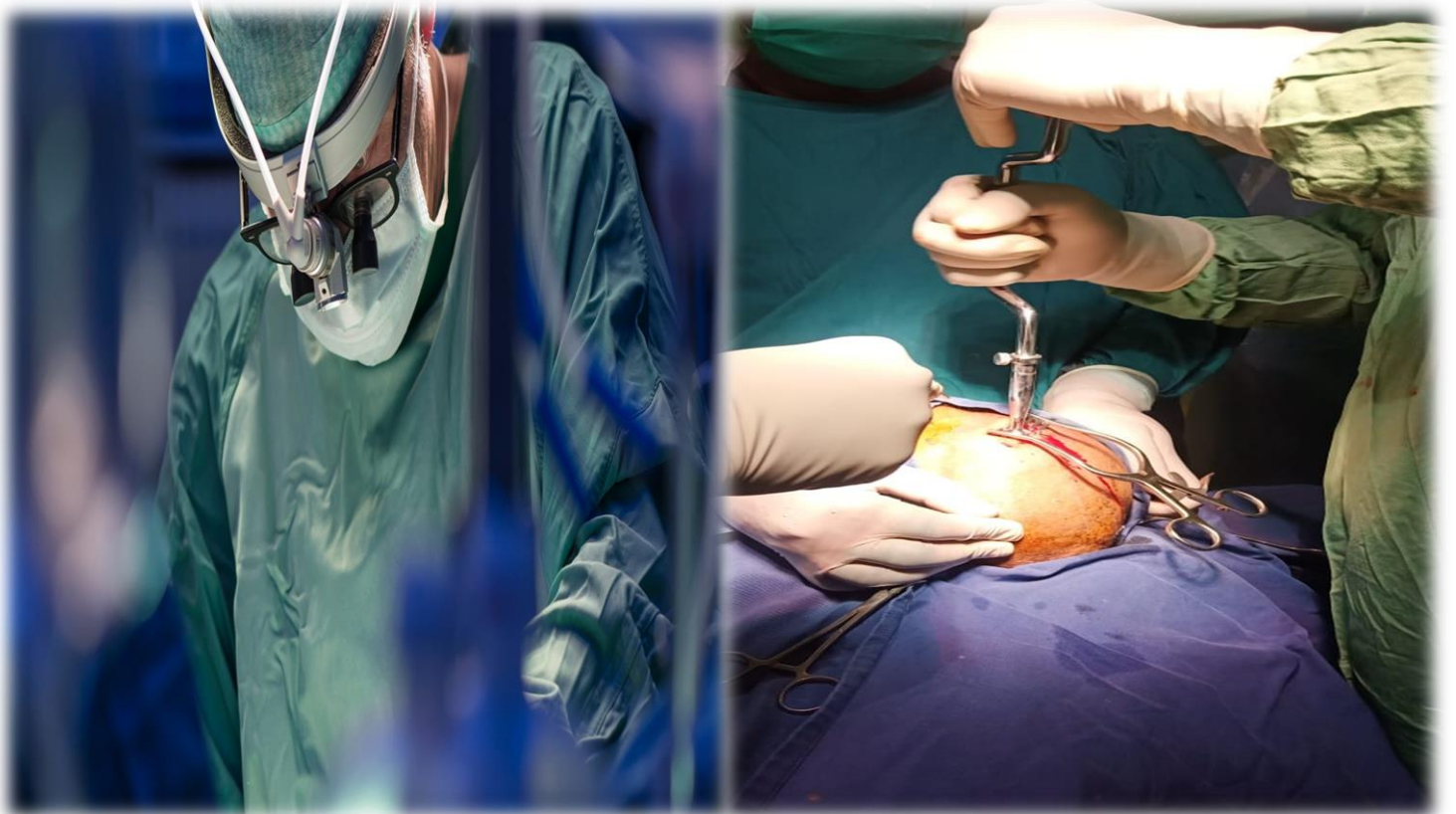


# Surgery & Allied



**Professor Dr Sadaqat Ali Khan** is head of the Surgery and Allied Department. He is a renowned surgeon having more than 38 years of teaching and clinical experience. He served as head of the department at King Edward Medical University and Project Director of Surgical Tower Mayo Hospital, Lahore.

The Department of Surgery has two surgical units providing round the clock tertiary care facilities and acute emergency care to the ailing humanity. All types of major surgeries including minimally invasive and advanced procedures are being performed, focusing on undergraduate and postgraduate training at PRTH.







# Gynaecology & Obstetrics



**Dr Shahnaz Kausar** is head of the department. She has a vast experience of service at various tertiary care public sector hospitals She is the author of four books on Gynecology and Obstetrics and has special interest in infertility and Gynecological Oncology

The Department is well established in accordance with the guidelines of PMC. It has two units full equipped wards, hightech labor rooms with CTGs & USG. A neonatal resuscitation room, dedicated operation theatre and a six bedded high dependency unit have recently has been added to the department.



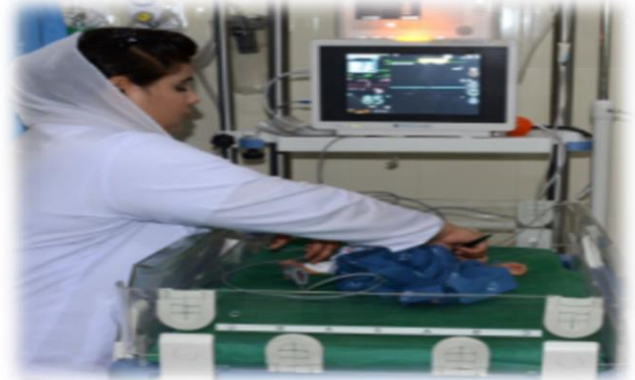


# Paediatrics



**Professor Dr. Muhammad Ali Khan**, head department of Paediatrics, is a renowned Professor of Pediatric Medicine having extensive clinical and teaching experience at public medical colleges. He is an approved examiner and supervisor for FCPS, Secretary of Dengue Expert Advisory Group Punjab (DEAC) and a member of Polio Expert Review Committee, World Health Organization (WHO).

The department is well established and equipped as per PMC requirements. The department fulfills the needs of Pediatric population (both preventive & curative). It consists of outpatient clinics, a vaccination center, neonatal ICU & Paeds ICU, general ward, diarrhea ward, isolation and acute care room. The department is also approved by CPSP for FCPS part II training and at present providing training/teaching to postgraduate students as well.





# Ophthalmology



**Professor Dr. Iftikhar Ahmed**, a well-known and experienced ophthalmologist is heading fully equipped department with all the necessary diagnostic and microsurgical equipment as per PMC requirements. The eye operation theater is fortified with latest high-tech equipments like Biometer, Phacoemulsification machine, Operating microscope with digital display for direct visualization of the procedures to the students. Diagnostic room is fitted with a slit lamp having a digital display, A and B Scan Ultrasonography, Optical Coherence Tomography (OCT), Visual Field Analyzer and Fundus Fluorescein Angiography facility. The department also serves as a tertiary care referral centre for Pakistan Rangers (Punjab) employees, their dependents and non-entitled patients.



# Otorhinolaryngology



**Professor Dr. Manzoor Ahmad** is head of the department. A renowned ENT surgeon with an extensive teaching and training experience of more than twenty nine years. He has been Dean faculty of ENT, CPSP & Punjab University & Ex. Dean of Surgery at FJMU. Chairman Dean's Committee FJMU and examiner FCPS and MS since 20 years.

Department has latest diagnostic and therapeutic ENT units otomicroscopic and endoscopic facilities. It is equipped with state-of-the-art audiology lab providing audiometry and related services. The department is a hub of practical learning opportunities and serves as tertiary care referral center for entitled and non-entitled patients.





# Anesthesia



**Professor Dr. Mushtaq Hussain** is head of the department and has a vast working experience of various public hospitals. The department is well equipped as per PMC standards. It provides round the clock services to all sorts of cases, routine and emergency operation theatres at PRTH. The Department is running a pain management centre and also provides cover in CCU, ICU and hemodialysis units of PRTH.





# Dermatology



**Dr. Nadia Asad** is heading a well-equipped department which provides services like scraping, skin biopsy & diagnostic histopathology, electrical cautery, cryotherapy, electrolysis, intradermal injection, phototherapy and laser hair removal of unwanted facial hair through the latest NDYAG laser machine.





# Radiology



**Maj (R) Dr. Asma Tariq (FCPS. EDiR)** is the head of department. She is Associate Professor of Radiology and European board certified in Radiology. She has experience at various Combined Military Hospitals and other Teaching Hospitals.

Our team of Radiologists and staff, coupled with the latest facilities and modern equipment like 64 slice **CT** scanner. Digital X-Ray units, Grey scale and color Doppler ultrasound and fluoroscopy are committed to excellence in providing outstanding patient centered care.



# Orthopedics



**Dr. Asad Ali Ch.** is head of department. He is renowned surgeon with vast clinical and teaching experience. He has served in various hospitals.

The department is providing outdoor, indoor and round the clock emergency services. The department is equipped with state-of-the-art equipment to cater the needs of orthopedic patients. Various orthopedic procedures are performed including nailing, plating and joint replacement.

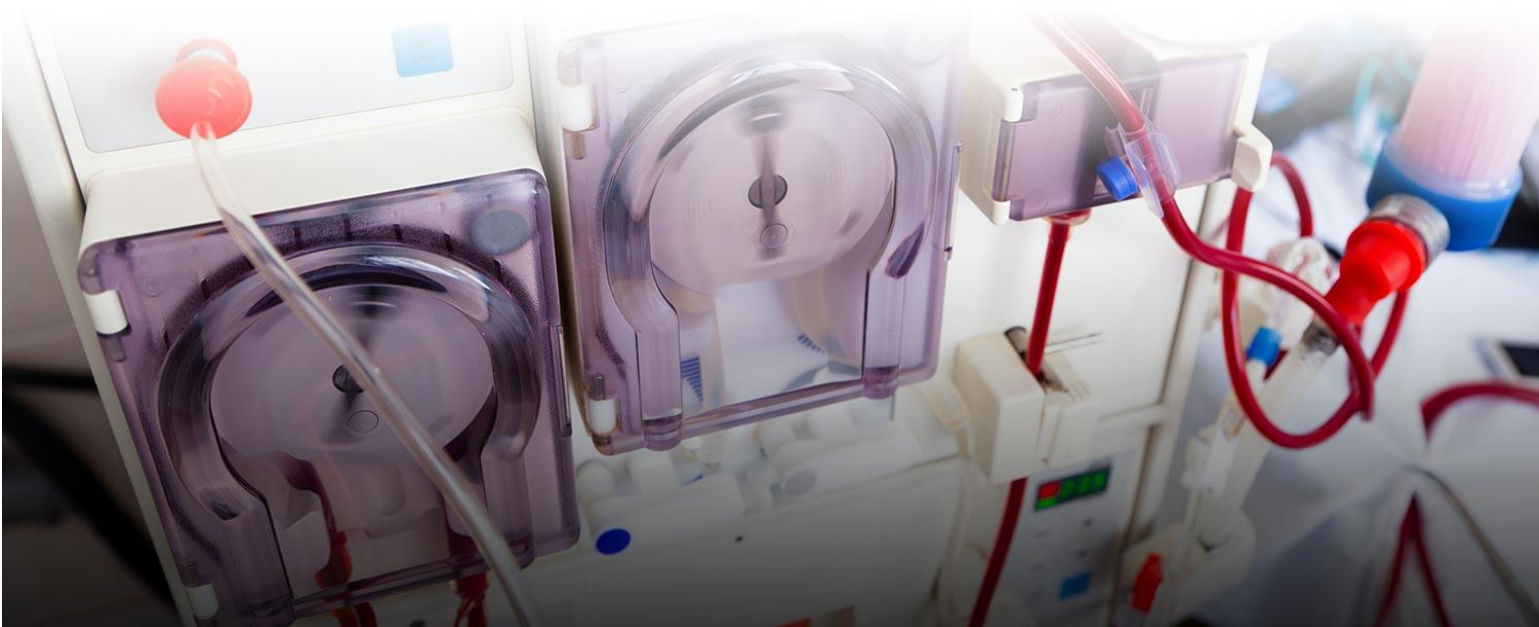




# Nephrology



**Prof. Brig ( R ) Muhammad Tahir** is looking after the nephrology department. The department is well equipped with latest dialysis machines and provides outdoor as well as indoor services to patients. It works in close coordination with the urology department.



# Neurosurgery



**Professor Dr. Ashraf Shaeen** is head of the Neurosurgery department. He has a vast teaching and clinical experience in various public sector hospitals. is an integral part of the Surgery and Allied Department. It caters services to a large number of outdoor and indoor patients visiting from far-flung areas of Pakistan. The department works in close liaison with the Radiology department.





# Urology



**Professor Abdul Mannan Qureshi** is head of department, a renowned urologist with extensive experience of working in tertiary care public sector hospitals.

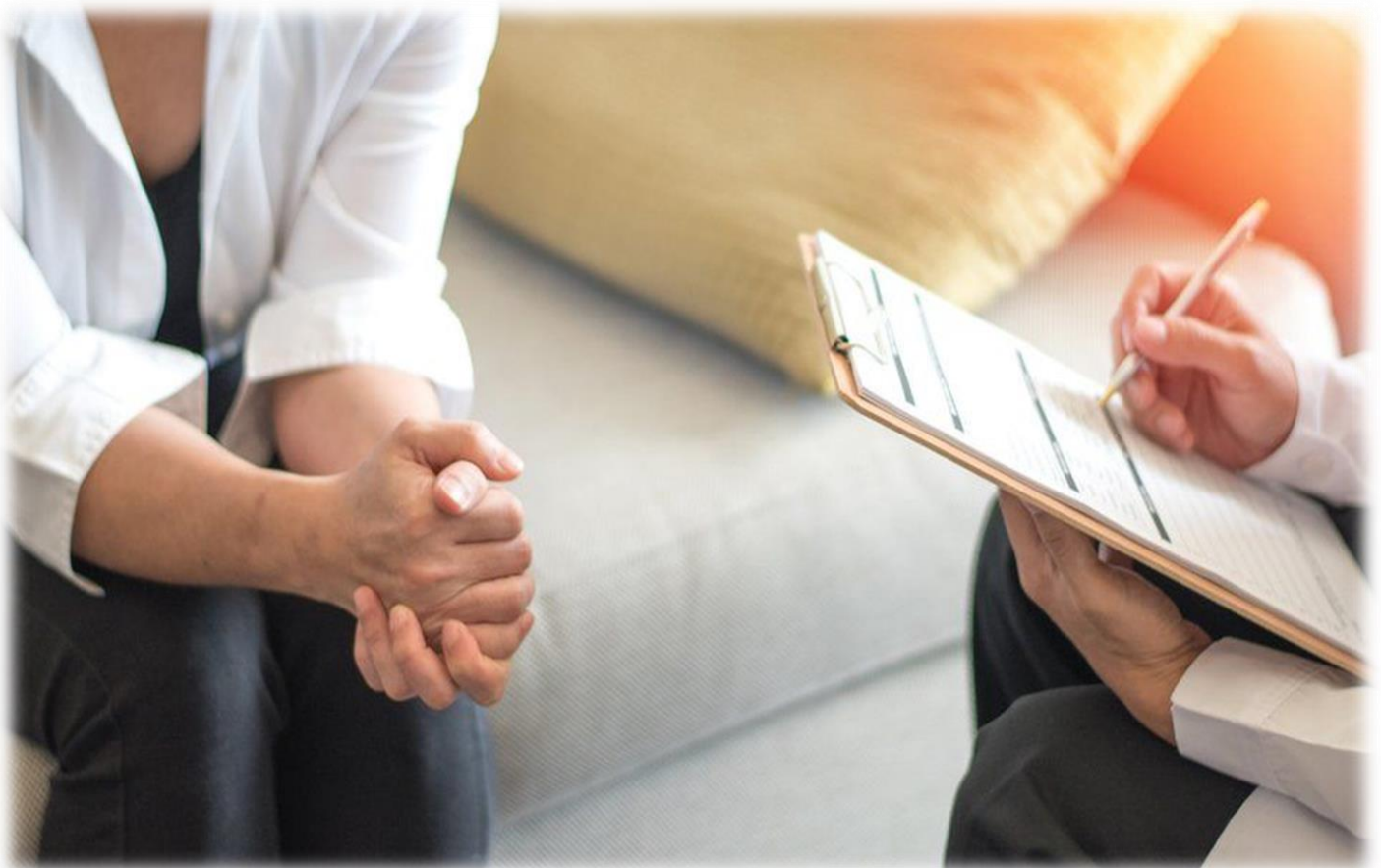
Urology is a 15 bedded department with busy OPD. It performs all routine & emergency urological procedures. Almost all open and endoscopic surgical procedures are being performed by the department e.g. Cystoscopy, URS, Lithoplasty, TURP, Optical Urethroctomy, TURBT, Pyelolithotomy, Vesicolithotomy, Pyeloplasty, Nephrectomy etc.



# Psychiatry



Psychiatry is well established department imparting solution-focused clinical work, individual & group counseling training and supervision of the faculty, staff & student. A Student counseling center has also been established it is a proactive step towards mental health of students and shall help them to develop a professional, resilient and positive mind set.





# Medical Education Department



Department of Medical Education, under the leadership of **Prof. Dr. Kamran Khalid**, is committed to provide best possible learning environment for students & functions under the guidance laid down by HEC, PMC & UHS.

**Brig (R) Sabir Akbar Zaidi** is serving as assistant director medical education.

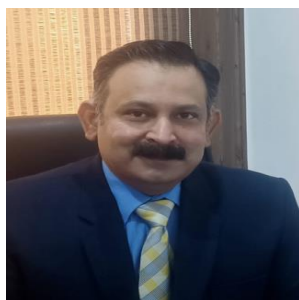


# Human Resource & Administration



Human Resource & Administration Department under the able guidance of **Senior Director Brig (R) Dr. Zia Ullah Khawaja** is keen to have best available faculty to ensure brilliant performance of students.

Department is committed to the growth & development of RMDC under the policies setup by the governing body.

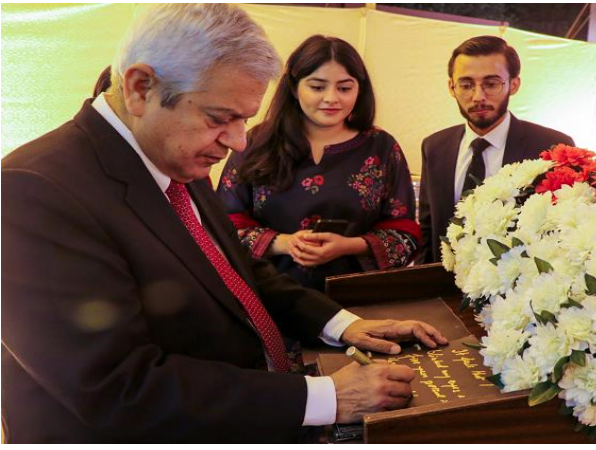


**Assistant Director  
HR & Admins  
Muhammad Fakhar Mehmood Chishty  
TI (M)**



**Administrative Officer  
Muhammad Ayub Baloch**





# Annual Dinner 2022







**Qawali Night**







# Faculty & Staff

## ANATOMY

Dr Atiya Mubarak Khalid  
Professor  
Dr Qurrat -ul- Ain  
Professor  
Dr Samina Munawar  
Snr Demo  
Dr Naeem Shahzad  
Snr Demo  
Dr Amber Shami  
Demo  
Dr Adeen Ahmed  
Demo  
Dr Aqsa Muni  
Demo  
Maira Anum  
Demo

## PHYSIOLOGY

Dr Rafique Ahmed Khan  
Professor  
Dr Iram Qamar  
Associate Professor  
Dr Saima Rizwan  
Associate Professor  
Dr Saira Naeem  
Assistant Professor  
Dr Mah-e-Jabeen  
Assistant Professor  
Dr Ushna Usman  
Demo  
Dr Neelma Asghar  
Demo  
Demo  
Dr Fatima Abid  
Demo

## BIO CHEMISTRY

Dr Azam Ali  
Professor  
Dr Riffat Yasim  
Professor  
Dr Afsan Bilal  
Assistant Prof  
Dr Nida Hafeez  
Demo  
Dr Farah Munir  
Demo  
Dr Gul-e-zarnab  
Demo

## PHARMACOLOGY

Dr Mushtaq Ahmed  
Professor  
Dr Ahmad Alamgir  
Professor  
Dr Hajra Mateen  
Assistant Prof  
Dr Mahnoor Khan  
Demo

## PATHOLOGY

Dr Ishtiaq Ahmad  
Professor (Microbiology)  
Dr Rozina Jaffar  
Professor (Histopathology)  
Dr. Nusrat Alavi  
Associate Professor (Chemical)  
Dr Maliha Asif  
Assistant Professor (Hematology)  
Dr Abeer  
Assistant Professor  
(Histopathology)  
Dr Asma Ejaz  
Assistant Professor  
(Microbiology)  
Dr Aneela Khawaja  
Assistant Professor  
Dr Muhammad Saroosh Jamil  
Demo  
Dr Arooj Zahra  
Demo  
Dr Rufia Awais  
Demo

## FORENSIC MEDICINE

Dr Azhar Masood Bhatti  
Professor  
Dr Durdana zafar  
Demo  
Dr Sana Aslam Qadri  
Demo

## COMMUNITY

### MEDICINE

Dr Noreen Rahat Hashmi  
Professor  
Dr Ejaz Ahmed Khan  
Professor  
Dr Rizwan Ullah  
Associate Professor  
Dr Uzma Nazim  
Assistant Professor

### MEDICINE

Dr Sardar Fakhar Imam  
Professor/Principal  
Dr Brig (R) Dr Muhammad Tahir  
Professor  
Dr Irshad Hussain  
Professor  
Dr Amer Ahmad Khan  
Professor  
Dr Nadia Sultan  
Assoc Prof of Dermatology  
Dr Maaz Suhail Rana  
Asst Prof of Pulmonology

### SURGERY

Dr Sadaqat Ali Khan  
Professor  
Dr Zaka Ullah  
Professor  
Dr Abdul Manan  
Professor of Urology  
Dr Muhammad Ashraf Shaheen  
Professor of Neurosurgery  
Brig (R) Dr Javaid Sajjad Hashmi  
Associate Professor  
Dr Muhammad Akmal Shafiq  
Associate Professor  
Dr Asad Ali Ch  
Assoc Prof of Orthopedic  
Dr Tahir Ahmed Khan  
Asst Prof of Surgery  
Dr Syed Asif Raza Kazmi  
Snr Reg  
Dr Khawaja Salman Ahmad  
Snr Reg

### RADIOLOGY

Dr Asma Tariq  
Associate Professor  
Dr Abdul Qayyum  
Assistant Professor  
Dr Tarab Kamran  
Snr Reg

## GYNAE & OBST

Dr Shahnaz Kousar  
Professor  
Maj (R) Dr Mamuna Qayum  
Professor  
Dr Munnaza Tayyab  
Associate Professor  
Dr Shabana Khokhar  
Associate Professor  
Dr Saba Ilyas A. Malik  
Assistant Professor  
Dr Humaira Durrani  
Snr Reg  
Dr Ambreen Nasir  
Snr Reg  
Dr Nazia Munir  
Snr Reg

## OPHTHALMOLOGY

Dr Ifthkhar Ahmed  
Professor  
Dr Naeem Rustum  
Associate Professor  
Dr Abrar Ahmed  
SNR Reg  
Dr Nida Usman  
Snr Reg

## ENT

Dr Manzoor Ahmed  
Professor  
Dr Nasir ullah Khan  
Professor

## PAEDIARATICS

Dr Muhammad Ali  
Professor  
Dr Muhammad Abbas  
Associate Professor  
Dr Shazia Naz  
Assistant Professor

## ANESTHSIA

Dr Mushtaq Hussain  
Professor  
Dr Nasir Ullah Khan Aziz  
Snr Reg  
Dr Abdul Bari  
Snr Reg

## MEDICAL EDUCATION

Prof. Dr Kamran Khalid  
Director Medical Education  
Brig (R) Sabir Akbar Zaidi  
Assist Dir Medical Education  
Mr. Suleman Paloos  
In charge Students Affairs  
Miss Saba Qamar  
Faculty Affairs  
Mr. Shariq Tamoor  
PRTH coordinator  
Mr. Abdul Rehman  
Lec Hall Attendant  
Mr. Sohail Jutt  
Lec Hall Attendant  
Mr. Shahzada Rizwan  
Lec Hall Attendant  
Mr. Sajid Shaheen  
Lec Hall Attendant

## HUMAN RESOURCE &

### ADMINISTRATION

Brig ( R ) Zia Ullah Khawaja  
Senior Director HR & Admin  
Col ( R ) Fakhar Chisti  
Assistant Dir HR & Admin  
Muhammad Ayub Baloch  
Administrative Officer  
Maqbool Ahmed  
Accounts Officer  
Mr. Abdul Latif  
Office superintendent  
Mr. Saeed  
Assistant Accounts  
Mr. Talat  
Assistant Accounts  
Mr. Mukaram  
Account Support Staff  
Mr. Shehzad  
PA to Principal  
Mr. Abdul Khaliq  
Incharge Record Keeping  
Mr. Abdul Ghafoor  
Admin JCO  
Mr. Nazar  
Admin JCO  
Mr. Iqbal  
Admin NCO  
Mr. Kamran  
Admin officer support

## LIBRARY

Miss Saira Hassan  
Chief Librarian  
Miss Shafia  
Assistant Librarian  
Miss Ayesha Shahid  
Assistant Prof  
Mr. Sarfraz Hussain  
Library Support Staff

## INFORMATION

### TECHNOLOGY

Mr. Mohsan Rafiq  
In charge Information Tech  
Mr. Muhammad Ali  
IT Support Staff



# Campus Life - Pictorial Visit









# RMDC SPORTS

## E- OLYMPICS

# 2021



*Powered by*



تخلیق

تصویر

Consolation Prize



Mahnoor Amer

Rahbar Medical and Dental College



RECREATIONAL ACTIVITIES CLUB

E OLYMPIACS 2.0

GHAZAL



**M. ABDULLAH  
SHERAZ**

(REHBAR MEDICAL  
AND DENTAL  
COLLEGE LAHORE)



**YAHYA  
SAEED ROY**

(RMU)



**M. SHAHZAD  
ANJUM**

(AIMC)











# CULTURAL NIGHT 2021









## SKILLS LAB



A well-equipped skills lab is available for students with 4 demonstration desks for hands on practice- It contain more than 50 latest manual/electronic simulating mannequins and models for training purpose. Students are trained in several disciplines including surgery, Medicine, Gyneacology, ENT along with basic & advance life saving techniques.





# LIBRARY & E-LIBRARY

GENERAL BOOKS

Rahbar Medical & Dental College is proud to offer its students a rich learning material which helps them in all aspects. Library has enough number of books to fulfill needs of 150 + students, whereas E Library is linked with E Recourses provided by HEC along with 3500 + E books & 900 + video lectures.





# HOSTEL



Rahbar Medical & Dental College offers separate living arrangements for male & female students with 24/7 security arrangement. Both hostels are on walking distance from college campus. We offer our students hygiene food along with best living environment to help them in their studies.



# AWARDS & HONORS

## DISTINCTIONS IN UHS ANNUAL PROF 2020



**Faiz Mujtaba**

Distinction in  
Bio Chemistry



**Maham Shehzad**

Distinction in  
Bio Chemistry



**Amamah  
Shahid**

Distinction in  
Bio Chemistry





**Syeda Hijab Zahra**

Distinction in  
Anatomy



**Afeefa Masood**

Distinction in Bio Chemistry



**Ammar Shakoor**

Sandooh

Distinction in Bio Chemistry



**Bismah Javed**

Distinction in Bio Chemistry



**Eman Naeem**

**Distinction in Anatomy ,  
Physiolgy & Bio Chemistry**



**Hadiya Asif**

**Distinction in Bio Chemistry**



**Iqra Shaukat**

**Distinction in Bio Chemistry**



**Kinnat Raza**

**Distinction in Anatomy & Bio  
Chemistry**





**Marwa Amin**

**Distinction in Bio Chemistry &  
Anatomy**



**Minahil Zubair**

**Distinction in Bio Chemistry**



**Muhammd Irtiza Asif**

**Distinction in Bio Chemistry**



**Saad Rashid**

**Distinction in Anatomy & Bio  
Chemistry**



**Sabir Jamal**

**Distinction in Bio Chemistry**



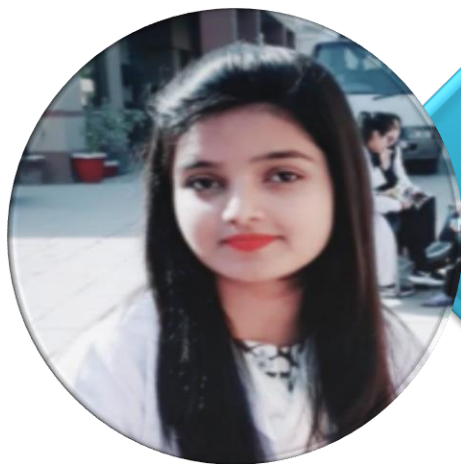
**Sadia Jamil**

**Distinction in Bio Chemistry**



**Samman  
Mehmood**

**Distinction in Anatomy & Bio  
Chemistry**



**Tabeer Zahra**

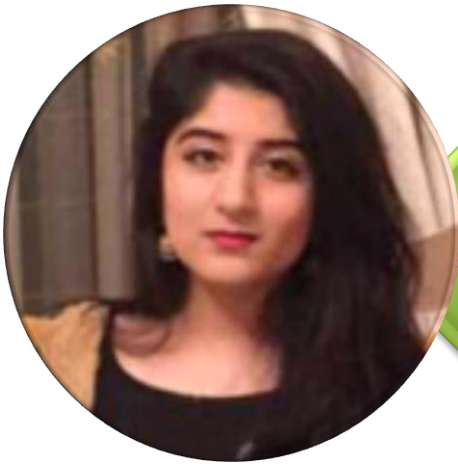
**Distinction in Anatomy & Bio  
Chemistry**





**Tanzeela Iqbal**

Distinction in Bio Chemistry



**UShna Ayub Butt**

Distinction in Anatomy & Bio  
Chemistry



**Zeeshan Ali**

Distinction in Bio Chemistry



**Zohaib Shahid**

Distinction in Bio Chemistry



## Sulaiman Tahir

Distinction in Pharamcology  
& Behavioral Sciences



## Alishba Aftab

Distinction in General  
Pathology & Behavioral  
Sciences



## Saima Riaz

Distinction in Pharamcology &  
Behavioral Sciences



## Qavi ur Rehman

Distinction in Pharamcology





**Hadiqa Kamran**

**Distinction in General  
Pathology**



**Noor us saba**

**Distinction in General  
Pathology & Pharmacolgy**



**Shabnam Amin**

**Distinction in Pharmacolgy**



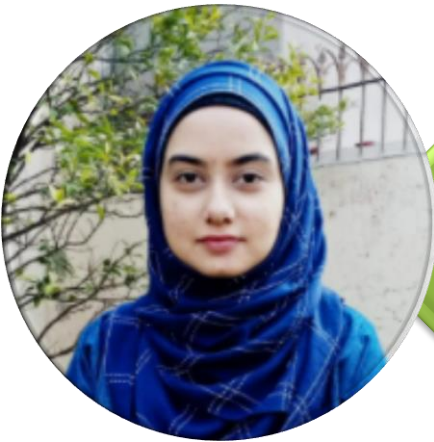
**Aman Nighat**

**Distinction in Behavioral  
Sciences**



**Sumera Tariq**

**Distinction in Behavioral  
Sciences**



**Liaba Imtiaz**

**Distinction in Behavioral  
Sciences**



**Sadia Azeemi Mirza**

**Distinction in Behavioral  
Sciences**



**Ayesha Arif**

**Distinction in Behavioral  
Sciences**





**Bilal Azeem**

**Distinction in Behavioral  
Sciences**



**Azka Maryam Tariq  
Butt**

**Distinction in Behavioral  
Sciences**



**Azka Naeem**

**Distinction in Behavioral  
Sciences**



**Tooba Mehmood**

**Distinction in Behavioral  
Sciences**



**Wajiha**

Distinction in special  
Patholgy & ENT



**Sanniya Mobin  
Khattak**

Distinction in special  
Patholgy



**HEAD OF DEPARTMENTS WITH PRINCIPAL RMDC**



**HEAD OF DEPARTMENTS WITH MS PRTH**





## DEPARTMENT OF ANATOMY



## DEPARTMENT OF BIOCHEMISTRY



## DEPARTMENT OF PHYSIOLOGY





## DEPARTMENT OF PHARMACOLOGY



## DEPARTMENT OF FORENSIC MEDICINE & TOXICOLOGY



## DEPARTMENT OF PATHOLOGY





# DEPARTMENT OF COMMUNITY MEDICINE



## STUDENTS WHILE IN CAMPUS



## EXAM IN PROCESS





# Course of Studies

EXAMINATION	SUBJECTS
First Professional	1. Anatomy 2. Physiology 3. Biochemistry
Second Professional	1. Anatomy 2. Physiology 3. Biochemistry 4. Pakistan Studies and Islamic Studies
Third Professional	1. Pharmacology and Therapeutics 2. Forensic Medicine & Toxicology 3. Psychiatry and Behavioral sciences 4. General Pathology
Fourth Professional	1. Special Pathology 2. ENT 3. Community Medicine 4. Ophthalmology
Fifth Professional	1. Medicine & Allied Specialities 2. Surgery & Allied Specialities 3. Obstetrics & Gynecology 4. Pediatrics

# Academic Calendar

1. 1<sup>st</sup> Year MBBS – session start – As per UHS schedule
2. 2<sup>nd</sup> Year MBBS – session start – 4 Days after last UHS Exams
3. 3<sup>rd</sup> Year MBBS – session start – 4 Days after last UHS Exams
4. 4<sup>th</sup> Year MBBS – session start – 4 Days after last UHS Exams
5. Final Year MBBS – session start – 4 Days after last UHS Exams
6. Co-Curricular Activities – As decided by Academic council
7. Spring Vacation –
8. Summer Vacation –
9. Sendup Exams –
10. Preparatory Leave –
11. Annual Examination – As per UHS Date Sheets
12. Winter Vacation –
13. Supplementary Exams – As Per UHS Date Sheets

# Usage of Social Media

1. The best way to stay out of trouble, and have fun is to write about what you know.
2. Use caution when you click links that you receive in messages from your friends on your social websites. Treat links in messages on these sites as you would links in email messages.
3. Know what you've posted about yourself. A common way that hackers break into financial or other accounts is by clicking the "Forgot your Password" link on the account login page, to break into your account, they search for the answers to your security questions, such as your birthday, hometown, high school, or mother's middle name. If the site allows, make up your own password questions, and don't draw them from material someone could find with a quick search.
4. Don't trust that a message is from who it says it's from. Hackers can break into accounts and send message that look like they are from your friends, infact they are not. If you suspect a message is fraudulent, use an alternate method to contact your friend to find out. This includes invitations to join new social networks.
5. To avoid to give your email address to your friends, do not allow social networking services to scan your email address book as well. When you join a new social network, you might receive an offer to enter your email address and password to find out if your contacts are on the network. The site might use this information to send email messages to everyone in your contact list or everyone you have ever sent an email message to social networking sites do not explain they are going to do this.
6. Type the address of your social networking site directly into your browser or use your personal bookmarks. If you click a link to your site though email or another website, you might be entering your account name and password into a fake site where your personal information could be stolen.
7. Be selective about who you accept as friend on a social network. Identity thieves create fake profiles in order to get information from you.
8. Choose your social network carefully. Evaluate the site you plan to use and make sure you understand the privacy policy. Find out if the site monitors content other people post. You will be providing personal information to this website, so use the same criteria you would to select as site where you enter your credit card.
9. Assume that everything you put on a social networking site is permanent. Even if you can delete your account, anyone on the internet can easily print photos/text or save images/videos to a computer.
10. Be careful about installing extras on your sites. Many social networking sites allow you to download third party applications that let you do more with your personal page. Criminals sometimes use these applications to steal your personal information. To download and use third-party applications safely, take the same safety precautions that you take with any other program of file you download from the web.



1. All students must display their student ID card at all time while in the college premises and on clinical training in the hospital.
2. Strict and swift action will be taken against a student who is involved in any unseemly behavior or activity like using abusive language, bullying or creating disturbance of any sort in the college.
3. No student is allowed to form groups or call meetings or to represent any body collectively.
4. No student is allowed to temper and deface training, specimens / teaching aids, equipment, work benches, training charts, College / hostel walls, fixture, etc. in any way. The defaulter will be dealt with strictly as per the recommendations of the disciplinary committee.
5. If any damage in any form is caused by any student(s) due to his/her their negligence or deliberate act, it shall be repaired / replaced at the expense of student(s) responsible for the damage, in addition to the punishment recommended by the disciplinary committee.
6. No student(s) are allowed to loiter and move aimlessly in and around college premises or waste their time.
7. Religious / political activity or ceremonies likely to hurt others feelings are not permitted in the college campus & Hostel.
8. Smoking, use of liquor and sedative / Hypnotics / tranquilizer substances are strictly prohibited in the college / hostel premises and may lead to immediate expulsion from the institute or debar from college for one year depending on the gravity of offence.
9. No student is allowed to address any press conference, write to the print or electronic media on political or related matters or any matter directly or indirectly concerned with the administration. No posters of any sort may be placed / displayed without prior, written approval from the administration.
10. All students have to follow the hostel rules and any breach in conduct will lead to swift disciplinary action against them.
11. Breach of discipline and infringement of above-mentioned rules/regulations may lead to immediate and strict disciplinary action leading to potential expulsion from RMDC as per PM&DC rules and regulations. The decision of the Principal is final.
12. On breach / violation of any of above will reflect his / her conduct / character during his / her stay in the college. At time of leaving college his / her conduct will be mentioned on their leaving certificate. Following conduct / character will be determined.
  - a) **Good** :- No violation / breach of discipline during their stay in the college.
  - b) **Satisfactory** :- Breach of discipline / violation to the college policy done during their stay in the college but pardoned by the Principal or disciplinary committee.
  - c) **Unsatisfactory** :- Commission of violation / breach of policies / discipline multiple times and suffered disciplinary action.
13. Any warning served to the student(s) will also determine his / her character / conduct whether his / her behavior was good, satisfactory or unsatisfactory. Moreover on completion 5 years MBBS programme request for removal of warning will not be entertained.
14. **Piece of Advice:** All student(s) are therefore advised to refrain from involving themselves into un towards activities (ie violations) that may affect their conduct / character for the life time.



## Rahbar Medical & Dental College

RMDC strictly follows and abides by HEC, PMC & UHS policies. All guideline regarding admissions, attendance, fee and exams are in accordance with the laid down policies of PMC & UHS.

Students are instructed to follow RMDC code of conduct & relevant rules in the regard. Any breach may lead to strict disciplinary actions.



OLD GATE # 10 PUNJAB RANGERS, HEADQUATER HARBANSPURA ROAD, LAHORE CANTT

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